

**NEW!**

## **"DESERT DAYS: DAYS OF SOLITUDE"**

**"Solitude is full of God."  
~ Serbian Proverb.**

Is the hectic pace of life draining your energy? Is there a desire in your heart to reconnect with your source of peace? or Is there a sense in you that some time in silence and prayer will help you live your everyday life more meaningfully? They are some of the reasons that women and men choose to spend time alone with the Alone. Desert Days are days of solitude provided for you to "come apart and rest awhile". The day will begin at 10:00 AM with group prayer and end at 3 PM after a brief group sharing. In between, participants will have the quiet and silence for relaxation and prayer in one of our rooms in the spirituality center and also time to spend in our lovely Meditation Garden. As Lent unfolds into Easter, take this time to spend in "solitude that is full of God" and back again to the human circle refreshed and renewed. Spiritual Direction will be available during the day with Sr. Ruthann T. O'Mara, SSJ.

Choose one:

Monday, March 29<sup>th</sup>  
Tuesday, March 30<sup>th</sup>

Time: 10 AM to 3 PM

Donation: \$25.00 to \$30.00 (sliding scale) per day

Limited Availability. Register Early at 856-869-3125



**Lourdes Spirituality Center at the Little Portion**  
1049 Haddon Avenue, 2nd Floor, Collingswood, NJ 08108  
**(856) 869-3125**

[www.lourdeswellnesscenter.org](http://www.lourdeswellnesscenter.org)